

# Amrit Method™ Yoga Nidra Personal & Professional Training Application

Yoga Nidra Immersion • February 13-17, 2011 • EarthRise Retreat Center • Petaluna, CA

Yoga Nidra Facilitators' Training • March 17-21, 2011 • Santosha Yoga Studio, Cranston, RI

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Yoga Nidra Facilitators' Training • March 17-21, 2011 • Santosha Yoga Studio, Cranston, RI

Yoga Nidra Immersion and Facilitators' Training • October 21-30, 2011 • Amrit Yoga Institute, Salt Springs, FL

Name \_\_\_\_\_ DOB \_\_\_\_\_ F \_\_\_\_\_ M \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Phones: Home \_\_\_\_\_ Work \_\_\_\_\_ Cell \_\_\_\_\_  
Fax \_\_\_\_\_ Email \_\_\_\_\_  
Occupation \_\_\_\_\_

What is the best way to contact you? \_\_\_\_\_

How did you hear about this training? \_\_\_\_\_

Tell us which training you want to take:

\_\_\_\_\_ Yoga Immersion • February 13-17, 2011 • EarthRise Retreat Center • Petaluna, CA

\_\_\_\_\_ Yoga Nidra Facilitators' Training • March 17-21, 2011 • Santosha Yoga Studio, Cranston, RI

\_\_\_\_\_ Yoga Nidra Immersion • October 21-25, 2011 • Amrit Yoga Institute, Salt Springs, FL

\_\_\_\_\_ Yoga Nidra Facilitators' Training • October 26-30, 2011 • Amrit Yoga Institute, Salt Springs, FL

\_\_\_\_\_ Yoga Nidra Immersion and Facilitators' Training • October 21-30, 2011 • Amrit Yoga Institute

Please type your answers to the following questions on a separate page.

- 1) What is your interest in taking Amrit Method™ Yoga Nidra Professional Training?
- 2) Tell us about your yoga nidra practice, including how long and how often you practice, what techniques you use, and what benefits you derive.
- 3) List the Amrit Yoga programs you have attended, including yoga nidra seminars and intensives, other programs with Yogi Amrit Desai, and programs with other Amrit Yoga teachers.
- 4) Please tell us about your academic background, other related studies, trainings or areas of expertise.
- 5) What else would you like us to know about you?

**Tuition Payment:**

A \$500 deposit is required with your application and is applied towards your tuition. The balance of your tuition is due prior to the start of training. It is important to review our cancellation policy.

**Refunds and Cancellations:**

- Deposit is fully refundable if you are not accepted into the program.
- Cancellations 1 month before program: All payments fully refundable minus a \$250 administration fee.
- Cancellations after that time: All payments will be applied to a future AYI program, minus a \$250 administration fee.

**Please Return The Following With Your Completed Application:**

- 1) \$500 Deposit
- 2) Photo - if we do not have one on file.

Mail To: Amrit Method Yoga Nidra Professional Training Level 1  
Amrit Yoga Institute  
PO Box 5340  
Salt Springs, FL 32134

**About the Application Process**

Within three weeks of our receipt of your application, we will notify if you have been accepted into the training.